

**Event Name : MBA Outbound Training**

**From Date : 20-03-2026**

**To Date : 21-03-2026**

**Organized By : Department of MBA**

**Academic Year : 2025 – 2026**

**Report :**

The Outbound Training Programme for I and II MBA students was organized at CS Grand, Dharmapuri, with the objective of enhancing practical learning through experiential activities. I & II MBA students actively participated in this programme, which aimed at developing leadership qualities, teamwork, communication skills, and overall personality development.

The group departed from the college campus on 20th March 2026 at 1:45 PM and reached the venue in the evening. The programme commenced with an orientation session where trainers briefed the students about the schedule, safety measures, and the importance of outbound learning in management education. In the evening, several team-building exercises were conducted. These included group problem-solving tasks, trust-building activities, and communication games. Students were divided into teams and assigned tasks that required collaboration, decision-making, and leadership. These exercises helped students understand group dynamics, conflict resolution, and the importance of effective communication in achieving common goals.

The physical training included a variety of adventurous games such as rope climbing, obstacle crossing, zip-lining, and balance activities. These activities challenged the students both physically and mentally, encouraging them to overcome fear, build confidence, and develop risk-taking abilities. The adventurous tasks also emphasized trust and coordination among participants.

The evening session included reflection activities where students shared their experiences and learning outcomes. Many participants expressed that the programme helped them step out of their comfort zones and improved their interpersonal skills.

The students returned to the campus on 21st March 2026 at 8:30 PM, concluding the programme successfully. Overall, the Outbound Training Programme was a highly enriching experience that combined learning with adventure. It provided students with practical exposure to real-life challenges, thereby preparing them to become effective managers and team leaders in the future. The students were accompanied by Dr Beulah Suresh, Head & Assistant Professor, Dr Balapriya M and Dr S Uma Mageswari, Assistant Professors of the Department of MBA.